

RECOGNIZED YOUNG DIETITIAN OF THE YEAR (RYDY)

Guidelines for Affiliate Associations

APPLICATIONS ARE DUE APRIL 1

The purpose of the RYDY program is to recognize the competence and activities of younger dietitians in The American Dietetic Association and to encourage their continued participation in Association affairs. This group will be an additional resource from which the leadership of The Association will develop both at the district, state, and national levels.

In addition to publishing the list of RYDYs in the *Journal of The American Dietetic Association*, each awardee will receive a formal certificate of recognition from the President of the Association.

A. Criteria for Selection of RYDY (Affiliates may develop more detailed criteria to meet their needs.)

1. Member of The American Dietetic Association.
2. Age limit as of **April 1** deadline, 35 years or younger.
3. Active participation in the national, state, or district association.
4. Not previously selected as an RYDY.
5. Demonstrated concern for the promotion of optimal health and nutritional status of the population.
6. Demonstrated leadership, e.g., in legislation, research, education, management, etc., either in the Association or employment.

B. Procedure for Selection

The complete responsibility for the selection of RYDY rests with the Affiliate Association. The coordinator is the Affiliate Association President.

1. The maximum number of RYDY per affiliate, per year, is the same as the number of Affiliate District Associations or one (1) if no district associations exists within the affiliate. Affiliates may choose not to participate or to select fewer recipients than the maximum number.
2. Affiliate Association Presidents, in one mailing, sends individual data sheets for all selectees to The American Dietetic Association by **April 1**.
3. **Application forms must be typed (no handwritten forms will be processed)**
4. **Resume must be attached to application**

C. Action Following Selection

1. A certificate of recognition will be sent to the selectees together with a congratulatory letter from the President of ADA. If a affiliate association wishes to receive the certificates for presentation at a formal meeting, national headquarters must be notified in writing when the data sheets are submitted. Certificates are generally ready for distribution each year in July/August.
2. RYDY recipients will receive a name badge ribbon for use at the ADA Food and Nutrition Conference (FNCE) /or state meetings following their selection.
3. The list of RYDY selectees for the year will be published in a fall issue of the *Journal of The American Dietetic Association*.
4. Publicity for affiliate RYDYs should be handled by the affiliate or district public relations chair.